**Instructions for the residents during the epidemic**

The housing cooperation and its units can operate relatively normally even in the case of some residents being in quarantine. The residents who are in quarantine must avoid all and any close contacts with other residents, the real estate manager or maintenance workers.

If a resident is isolated in one’s own unit, they must follow the instructions given by the authority such as healthcare specialists and avoid any close contacts with other people.

Maintenance and repair operations inside units shall be evaluated before conducting any measures during the epidemic. The units shall not be entered unless an accident that required immediate action occurs. (for example, water damage etc.)

If the real estate manager or a maintenance worker must enter the unit for any reason, they have the right to inquire if any residents have been placed in quarantine. This is to ensure the safety of everyone.

Residents have no obligation to inform their health status to the real estate management office or the maintenance office. It’s also prohibited to spread information about one’s neighbor’s health.

**Common areas may have some restrictions**

The Finnish officials haven’t given instructions about the use of common rooms such as saunas or laundry rooms. However, in every housing cooperative the board of the housing association can make local verdicts about them. The board can decide to restrict or even deny all use of these common rooms.

If a resident is quarantined, they still may solely use the common areas such as the laundry room, given that other users are not utilizing the space simultaneously. If one suspects they’ve fallen ill, they should not utilize the sauna if there are other people simultaneously.

If a resident has tested positive for the COVID-19, corona virus, one should avoid any common areas in the building.

The board of the housing association and the real estate manager will make sure the cleaning company follows the official instructions regarding sanitation during the epidemic.

**Be considerate towards the neighbors**

Normal living rules apply even during the epidemic, so everyday sounds such as music and playing may become disturbing. If you these noises unpleasant and it affects your concentration to work, please try to use earphones or -plugs. Please remember that we’re all in this together – the neighbors are probably just as stressed as you are.

However continuous disturbing is prohibited. If a next-door unit is not obeying the rules it is polite to leave a kind note in the mail requesting to muffle the voices. The usual considerate manner is to conduct a face to face conversation, but due to the epidemic we urge to avoid physical contacts.

**More information about the corona epidemic**

Please follow the official guidelines and instructions regarding the COVID-19 virus.

The Finnish institute for health and welfare has an English web page that is up to date: <https://thl.fi/en/web/infectious-diseases/what-s-new/coronavirus-covid-19-latest-updates>

The Government's telephone helpline: 0295 535 535.

For health issues, please contact your local health center.

In serious, life-threatening situations when you need an ambulance, call 112.