**Pay attention to safe distance even outside**

The official advice is to avoid any social contacts during the corona epidemic. The advice also applies to the common yard and playground areas.

It is allowed to go outside, but please pay attention to safe distances between others. Barbecue parties, yard games and gatherings at the playground should be avoided for the time being. Please note that the surfaces outside can’t be kept as clean as the ones inside.

Residents placed in quarantine are allowed to go outside but the ones who feel or are ill should stay inside, rest and follow the official’s rules.

The board of the housing association can make decisions about restricting the use of common areas if necessary.

Contact information

**More information about the corona epidemic**

Please follow official guidelines and instructions regarding the virus.

The Finnish institute for health and welfare has an English web page that is up to date: <https://thl.fi/en/web/infectious-diseases/what-s-new/coronavirus-covid-19-latest-updates>

The Government's joint telephone helpline: 0295 535 535.

For health issues, please contact your local health center.

In serious, life-threatening situations when you need an ambulance, call 112.